



## COURSE OVERVIEW

# Commercial Driver Responsibility

ITEM # W126

✓ Available in workbook



## COURSE DESCRIPTION

This cognitive driving skills course is tailored for commercial drivers who may not be aligned with commercial driver regulations and policies. Students will focus on uncovering the root of irresponsible driver behavior: negative values, attitudes, and beliefs.

Notably, this course devotes substantial attention to the cognitive domain, aiming to challenge and reshape drivers' faulty thinking, while addressing the affective domain to a lesser extent.

Each unit seamlessly progresses to the next, emphasizing the ACCI motto: If we keep thinking the way we have been thinking, we will keep getting what we have been getting. If we want to change what we have been getting, we will have to change what we have been thinking.



## LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Examine values, attitudes, and beliefs
- Gain understanding of the interaction between values, attitudes, beliefs, and behavior
- Emphasize responsibility for negative and positive choices
- Empower students to take control of their decisions and lives, understanding that they can steer their lives however they choose



## RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a peer or mentor
- **Group**—To be completed in a group setting with a facilitator
- **Hybrid**—Combination of self-directed learning and group instruction
- **Blended Learning**—Combination of online & offline curriculum



## COURSE INFORMATION

Course Format: eLearning and Printed Workbook

eLearning Length: 750 Slides

Scientific Model: Cognitive Restructuring

Author and Publisher: ACCI Lifeskills

Item Number: W126

Workbook Pages: 68

Course Length: ~15 hours



## COURSE CONTENT

Unit 1: Commercial Driver Values + Attitudes + Beliefs = Behaviors

Unit 2: Driver Professionalism

Unit 3: Commercial Driving Violations

Unit 4: Anger Avoidance

Unit 5: Emotional Factors

Unit 6: Driving with Safety in Mind

Unit 7: Drugs and Driving Under the Influence

Unit 8: How to Change and Be Happy



## CRIMINOGENIC NEEDS MET

1. Antisocial cognitions
2. Antisocial personalities
3. Education



## LEARNING ACTIVITIES

- Self-assessments
- Scenario-based learning
- Application and skill building
- Self-reflection
- Role playing
- Discussion with coach
- Focused journaling
- Knowledge check